

# Health Positive: Nutrient Menu with indication/Benefits

## Antioxidant Support

- Ascorbic Acid (Vitamin C)
- D-Alpha Lipoic Acid
- Glutathione
- Selenium
- Vitamin E (as dl-alpha-tocopheryl acetate)

## Immune Support

- Ascorbic Acid (Vitamin C)
- B-Complex
- D3 (Vitamin D)
- Zinc
- Copper
- Iron

## Energy and Metabolism

- Adenosine Monophosphate
- Arginine (L)
- B-Complex + AMP
- Carnitine
- Acetyl-L-Carnitine
- NAD+
- Niacinamide
- Riboflavin (as sodium phosphate)
- Thiamine HCl
- Pyridoxine HCl (Vitamin B6)
- Methylcobalamin (Vitamin B12)
- Hydroxocobalamin (Vitamin B12)
- Cyanocobalamin (Vitamin B12)

## **Detoxification**

- Acetylcysteine
- Calcium Disodium EDTA
- EDTA Disodium
- DMPS
- Sodium Bicarbonate
- Molybdenum

## **Bone and Joint Health**

- Calcium Chloride
- Calcium Gluconate
- Vitamin D (D3)
- Manganese Sulfate
- Hyaluronic Acid

## **Skin Health and Anti-Aging**

- Biotin
- Hyaluronic Acid
- MSM
- Proline (L)

## **Cognitive and Mental Health**

- Glycine (L)
- Tyrosine (L)
- Tryptophan (L)
- GPC
- NAD+

## **Cardiovascular Health**

- Arginine (L)
- Carnitine
- Acetyl-L-Carnitine

- Coenzyme Q10

## **Hormonal Support**

- Vitamin A
- Vitamin D (D3)

## **Digestive Health**

- Glutamine (L)
- Sodium Citrate

## **Anti-inflammatory**

- Triamcinolone Acetonide
- Dexpanthenol

## **Trace Minerals**

- Chromium
- Copper
- Iodine
- Fluoride
- Iron
- Manganese
- Molybdenum
- Selenium
- Zinc
- Multi-Trace Elements-5
- Multi-Trace Elements-7

## **Methylation Support**

- Methylfolate
- Methylcobalamin (Vitamin B12)
- Folic Acid

- Methionine

## **Stress and Adrenal Support**

- Pantothenic Acid (Dexpanthenol)
- Vitamin C
- Vitamin B5 (Part of B-Complex)

## **Hydration and Electrolyte Balance**

- Magnesium Chloride
- Magnesium Sulfate
- Sodium Bicarbonate

## **Muscle and Tissue Repair**

- Lysine (L)
- Taurine (L)
- Proline (L)

## **Antimicrobial and Antifungal**

- Hydrogen Peroxide 3%
- Hyaluronidase

## **Weight Loss Support**

- M.I.C. + B12
- Chromium

## **Miscellaneous**

- Phosphatidylcholine: Supports cell membrane integrity and liver function.
- Ondansetron: Used for nausea and vomiting.
- Procaine HCL: Local anesthetic and anti-inflammatory properties.

This categorization helps identify the common benefits of each nutrient and how they can be utilized for specific health goals. Always consult with a healthcare provider before starting any new supplement regimen.

**Bespoke Drip \$175-\$275 for 10 - 20 nutrients of your choice  
(must be preordered)**